



I'm helping children access nutrition, safe water and sanitation. Please sponsor me and help transform lives.

Please sponsor me to help transform lives.

Add 25p to every £1 you donate – at no extra cost to you.

Change 1's Life can claim an extra 25% back from the government on every donation, without costing a penny extra. Please tick the box below if you would like us to claim gift aid on your donation. Please make sure we can read your full name, address and postcode. This supports our tax claim and will not be used without your consent.

Please be aware that you must have paid an amount of Income Tax and/or Capital Gains Tax for the current tax year that is at least equal to the amount of tax being reclaimed by all charities and Community Amateur Sports Clubs (CASCs) on your donations in the tax year (6 April to 5 April).

So we can claim Gift Aid, please:

- Ask your sponsors to fill in the form themselves
- Ask your sponsors to give us their full name and address
- Make sure you fill in the total received box
- Return your donation(s) and sponsorship form together

Keeping you informed.

We would love to keep you informed about our work and how your support is changing lives. To do this we'll use the details you've provided but promise to never share them with any other organisation for their marketing purposes. To hear more about Change 1's Life just tick the box.

Title	First name	Surname	Address	Postcode	Total £	Gift Aid	Email address	Tick	Received
Mrs	Emma	Smith	37 West Street, London	DA4 7CF	£23.00	<input checked="" type="checkbox"/>	emma@msn.com	<input checked="" type="checkbox"/>	£23.00
Total:									

Thank you for your support!

Please make cheques payable to Change 1's Life – do not send cash by post.
 Running out of space? Great! Download more forms from www.change1slife.co.uk
 Please return your form, together with your sponsorship money and details of the event to:
 Change 1's Life, 43 Cassell House, Stockwell, London, SW9 9AZ

For office use: